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**LOCAL GRIEF SUPPORT CENTER INTRODUCES ENHANCED SUPPORT
SERVICES FOR GRIEVING FAMILIES**

Michael's Place Adds New Support Program for Children and Families

TRAVERSE CITY, MI, DECEMBER 3, 2024

Michael's Place is pleased to announce the launch of a new grief support program specifically designed for children and their parents or caregivers. The family support program aims to provide a compassionate space where families can navigate the complex emotions of loss together, strengthening communication and fostering healthy healing.

Participants will be guided through various activities and discussions tailored to peer age groups, ensuring that both children and adults feel comfortable and supported. "Sessions will incorporate therapeutic play, art, storytelling, and discussion, allowing children and their caregivers to express their feelings in a creative and safe environment," explained Kristi Spencer-Nemec, Grief Services Director.

Parents will receive peer support to address their grief and discuss changes that have occurred within the family since the loss. "A key focus of this program is to equip caregivers with tools and strategies to support grieving children and teens," shared Spencer-Nemec. This dual approach ensures that families can grow stronger together, share their journeys, and build a community of understanding.

This program is open to all families who have experienced a death. Sessions will begin in January 2025, and there is no cost to participate. For more information, please contact Michael's Place at (231) 947-6453 or email goodgrief@mymichaelsplace.net.

About Michael's Place:

Michael's Place has been a leading provider of grief support services in northern Michigan for more than 23 years. Michael's Place programs, resources, and educational opportunities are tailored to meet the unique needs of children, adults, and the

community, offering compassionate care and promoting healthy healing. Last year, Michael's Place provided grief support services to nearly 4000 individuals throughout the region.

For more information on Michael's Place or how you can get involved, visit www.MyMichaelsPlace.net or contact us at (231) 947-6453.

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